

## Forest School Training Modular Course Content

	Content	No. of workbooks
<b>Module 1</b>	What is Forest School and how it differs from Outdoor Learning Introduction to health & safety Introduction to identification of flora and fauna skills Play and its links to Forest School Knot work Holistic Development	1
<b>Module 2</b>	Woodland ecology Introduction to Risk Assessment Flora and fauna identification Introduction to Tools and Fire Self-esteem and emotional development More Knots	3
<b>Module 3</b>	Theories of Learning relevant to Forest School Risk Benefit Assessment and Appropriate Risk Woodland History Further Tools Emotional Intelligence Importance of identification Neural Development and factors affecting behaviour More knots Forest School Programme and start of Handbook creation	3
<b>Module 4</b>	Application of learning theories to Forest School Research on Forest School practice Woodland Management plan Activity and Daily Risk Assessment Health and Safety Handbook Role of the Leader Communication Strategy Observation and evaluation Cook out Practice on tools, fire and knots in preparation for mod 5	2
<b>Module 5</b>	This is the <b>Practical Skills Assessment</b> . Students will be assessed on their competence with knots and their safe use of tools and firecraft.	None (Assessment Record to be signed by tutor)
<b>Module 6</b>	<b>Delivery Assessment</b> Students will have planned a 6-week Forest School Programme with a small group of children. During the 5 <sup>th</sup> or 6 <sup>th</sup> session of their 6-week Forest School Programme, students will be assessed on their leadership skills and their Health & Safety documentation for running Forest School Programmes (includes session plans, risk assessments, observations and evaluations for this FS Programme). Students will need to book themselves in for a 2-hour assessment.	None (Delivery Assessment record to be signed by tutor)
<b>Coursework Portfolio</b>	Students to hand in all their workbooks for marking: Modules 1 – 4 workbooks, together with their Practical Skills Assessment record and their Delivery Assessment record.	Hand in of all work