

About 16-hour Forest School First Aid

Sixteen-hour practical first aid training, featuring indoor and outdoor sessions. For those with a duty of care at Forest School or other Outdoor Learning. Meets the recommendations of the Forest School Association. Suitable for those working with all age groups above 1 year old. Certificate is valid for 3 years.

Times: 8.45 for 9 am start until 6 pm both days. Four 4-day blocks also available.

Costs: £155 (no VAT payable) for place on open course; £1000 for up to 12 students (purchaser) to provide venue; or £800 for up to 8 students, purchaser to provide venue, FSTC can sell further 4 places

To book a course near you contact: admin.office@forestschooscotland.co.uk

Learner entry requirements for this qualification

There are no previous qualification or prior knowledge requirements for learners for this qualification. However learners must be able to participate in an active course that involves some kneeling, rolling, lying on the floor and touching of others, in both indoor and outdoor woodland environments.

Course structure

The course comprises two mandatory units: Forest School Emergency Action and Forest School incident management. Candidates must successfully complete both in order to gain the qualification.

See over for qualification objectives.

Qualification Objectives

Forest School Emergency Action Unit:

The learner will.....

- 1 Be able to assess an emergency situation in a forest school setting and prioritise what action to take.
- 2 Be able to provide first aid to an unresponsive casualty in a forest school setting.
- 3 Be able to provide first aid to a casualty who is choking.
- 4 Be able to provide first aid a casualty with external bleeding.
- 5 Be able to provide first aid to a casualty who is in shock.

Forest School Incident Management Unit

The learner will . . .

- 1 Be able to apply incident management and casualty assessment principles in a forest school setting.
- 2 Be able to provide first aid to a casualty in a forest school setting with suspected injuries.
- 3 Be able to provide first aid to a casualty in a forest school setting with an acute medical condition.
- 4 Be able to provide first aid to a casualty in a forest school setting with anaphylaxis.
- 5 Be able to provide first aid to a casualty in a forest school setting with burns or scalds.
- 6 Be able to provide first aid to a casualty in a forest school setting with issues affecting the eyes, ears or nose.
- 7 Be able to provide first aid to a casualty in a forest school setting with suspected poisoning.
- 8 Be able to provide first aid to a casualty in a forest school setting who is experiencing the effects of extreme heat or cold.
- 9 Be able to provide first aid to a casualty in a forest school setting with minor injuries.