

# Forest School Training Collaborative

SCQF accredited training



## Course details flyer

Sixteen-hour practical first aid training, featuring indoor and outdoor sessions, for those with a duty of care at Forest School or other Outdoor Learning. Meets the recommendations of the Forest School Association. Suitable for those working with all age groups above 1 year old.

**Dates and times:** Tues 17 & Weds 18 Sep, 8.45 for 9 am start until 6 pm both days.

**Trainer:** Aline Hill, qualified Forest School leader and trainer, with 16 years' experience in working with learners of all ages in the outdoors, and 6 years' experience as First Aid trainer.

**Venue:** (Baronial Hall, Bonaly Scout Centre, South Edinburgh <https://sesscouts.org.uk/our-centres/bonaly/findcontactbook-bonaly/>). For car parking, pass the main entrance travelling south on Bonaly Rd, after 100 yards take turning on left to enter Forth Lodge car park. The car park is on left. Walk south around Forth Lodge and follow the path to a small wooden bridge. Cross the bridge and the Baronial Hall is directly in front of you on left hand side.

**Cost:** £155 in total (no VAT)

**Booking link:**

**Contact:** [admin.office@forestschooscotland.co.uk](mailto:admin.office@forestschooscotland.co.uk)

**Covid mitigation and what to expect:** You will have the option to ask to work with just one other person. You will also have the option to request that yourself and your partner wearing facemasks (provided), on certain elements of the course. Please contact [admin.office@forestschooscotland.co.uk](mailto:admin.office@forestschooscotland.co.uk) with any queries.

**What to bring:** You will need to bring with you a form of photographic ID with you in order to register. You will not be able to complete the course without this.

Indoor and outdoor clothing suitable for the weather at the time, including for lying on ground outside. Full set of waterproofs (day 1)

All refreshments – none are available on site. Hot water is available.

Note-taking materials should you wish (you will be issued with an ITC manual that contains all key information)



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## About your qualification

### Learner Entry Requirements for this Qualification

There are no previous qualification or prior knowledge requirements for learners for this qualification. However learners must be able to participate in an active course that involves some kneeling, rolling, lying on the floor and touching of others, in both indoor and outdoor woodland environments.

### Course structure

The course comprises two mandatory units: Forest School Emergency Action and Forest School incident management. Candidates must successfully complete both in order to gain the qualification.

### Qualification Objectives

Forest School Emergency Action Objectives:

The learner will.....

- 1 Be able to assess an emergency situation in a forest school setting and prioritise what action to take.
- 2 Be able to provide first aid to an unresponsive casualty in a forest school setting.
- 3 Be able to provide first aid to a casualty who is choking.
- 4 Be able to provide first aid a casualty with external bleeding.
- 5 Be able to provide first aid to a casualty who is in shock.

Forest School Incident Management Objectives:

The learner will . . .

- 1 Be able to apply incident management and casualty assessment principles in a forest school setting.
- 2 Be able to provide first aid to a casualty in a forest school setting with suspected injuries.
- 3 Be able to provide first aid to a casualty in a forest school setting with an acute medical condition.
- 4 Be able to provide first aid to a casualty in a forest school setting with anaphylaxis.
- 5 Be able to provide first aid to a casualty in a forest school setting with burns or scalds.
- 6 Be able to provide first aid to a casualty in a forest school setting with issues affecting the eyes, ears or nose.
- 7 Be able to provide first aid to a casualty in a forest school setting with suspected poisoning.
- 8 Be able to provide first aid to a casualty in a forest school setting who is experiencing the effects of extreme heat or cold.
- 9 Be able to provide first aid to a casualty in a forest school setting with minor injuries.