



LEVEL 2 AWARD FOR FOREST SCHOOL ASSISTANTS
BLENDED MODULAR COURSE

DETAILS FOR NORFOLK COURSE – STARTING IN NOVEMBER 2024

Please ensure you have read our ‘Level 2 Course Information Guide’ (available on our website) in conjunction with this flier. The Information Guide contains full details about the content, commitment and assessment methods of our level 2 Forest School training course.

COURSE DATES + LOCATIONS:

This blended course consists of a mixture of face to face practical sessions as well as online elements covering some of the theory:

Face to Face Sessions – 6 x half day sessions on alternate Saturday mornings 9am-1pm. Taking place in the ‘Bower’ woodland area at Sheringham Park.

Online Sessions – 6 x 90 minute pre-recorded webinar-style lectures that can be watched at a time to fit in with your schedule between the face to face sessions. Plus one live online tutorial (using Zoom) before the hand in date.



Course Element	Date	Hours	Themes
Webinar 1	Watch before 9 th Nov 24	1.5	Welcome, Course Intro, Intro to ‘Forest School’
Session 1	Saturday 9 th November 2024	4	Forming a community, Fire lighting, Intro to Knots,
Webinar 2	Watch before 23 rd Nov 24	1.5	Risk
Session 2	Saturday 23 rd November 2024	4	Species ID, Risk Assessment, Ropes
Webinar 3	Watch before 7 th Dec 24	1.5	Holistic Development
Session 3	Saturday 7 th December 2024	4	Knife use, Tarp & line shelters
Webinar 4	Watch before 11 th Jan 25	1.5	Play
Break for Christmas			
Session 4	Saturday 11 th January 2025	4	Saw use, play in practice
Webinar 5	Watch before 25 th Jan 25	1.5	Woodland Ecology
Session 5	Saturday 25 th January 2025	4	Species ID, Environmental Impact,
Webinar 6	Watch before 8 th Feb 25	1.5	Self Esteem & Working with Needs
Session 6	Saturday 8 th February 2025	4	Practical assessments, Next Steps
Assisting with a FS programme	February - May 2025	3 sessions	Supporting a Forest School programme with a level 3 leader
Online Tutorial	Saturday 17 th May (10-11.30am)	1.5	Reflections on FS practice
Final Hand-in	31 st May 2025	n/a	n/a



VENUE – THE BOWER, SHERINGHAM PARK

The Education Team of Sheringham Park have kindly offered to host these training days in their private woodland area in 'The Bower'. Sheringham Park is owned by the National Trust and is 5 miles west of Cromer, 6 miles east of Holt. Main entrance is at junction A148/B1157.

Sat Nav: Upper Sheringham, Norfolk, NR26 8TL.

Find out more about Sheringham Park on their website -

<https://www.nationaltrust.org.uk/visit/norfolk/sheringham-park>

We will be aiming to spend the whole of these morning sessions outside (unless the weather conditions are deemed dangerous!)

ONLINE LECTURES

The majority of the theory sessions will be delivered via pre-recorded videos. These will be webinar style lectures with some reflective points. Please ensure you have access to a device which is able to access YouTube for these course components. We will have time during the face to face sessions to reflect on these topics together to consolidate learning.

SUPPORTING A FOREST SCHOOL PROGRAMME

To complete the level 2 qualification students are required to support a minimum of 3 consecutive sessions within a Forest School programme being run by a level 3 Forest School Leader. It is usual that students will arrange this themselves, however if participants do not yet have contact with a Forest School, our tutors may be able to signpost students to existing Forest Schools if needed.

STUDENT SUPPORT FOR SELF-DIRECTED LEARNING

Approximately half the qualification time is expected to be self directed learning by the student. We aim to support our students during this self guided time as well as the contact time with tutors and have a variety of methods available for this:

- **STUDENT WEB PAGES** – All students will be issued with a username and password in order to access the student sections of our FSTC website. Within these web pages are reading list and links on various topics, handouts and resources, as well as electronic copies of all resources used during the training course.
- **ONLINE TUTORIAL** – After the training modules, we encourage students to reconnect for an online tutorial session. This sessions offer the opportunity for reflection on the FS sessions you have supported as well as tutor support on any remaining course elements.
- **VIDEOS** – Lou (FSTC Tutor) has her own YouTube channel – [Forest School Lou](#) which has a range of videos on different Forest School topics



STUDENTS WISHING TO 'TOP UP'

The modular format of our training is designed to be flexible to meet learners needs, therefore it is possible for students who have recently gained a level 2 Forest School Qualification to 'top-up' their training to level 3. This means that in the future you can use the level 2 qualification towards a level 3 course should you wish to continue your Forest School training.

VALUE ADDED FEATURES OF OUR TRAINING COURSE

We care about the quality of our training and we want to ensure that our course is right for you. Our training aims to support aspirant Forest School Assistants every step of the way. Some of the additional benefits that our training offers are:

- **MODULAR FORMAT** – making learning more manageable, working through the seasons
- **NATIONALLY RECOGNISED QUALIFICATION** – we use the most up to date Forest School qualification units. These are the national standard and on the QCF
- **OUTDOOR LIVING EXPERIENCES** – through outdoor practical sessions
- **ONLINE SERVICES** – Student password protected web pages & resources
- **ONGOING SUPPORT** – Tutorial support to reconnect
- **FREE 1 YEAR STUDENT MEMBERSHIP** to the Forest School Association



YOUR TRAINER – LOUISE

This course will be led by Louise, FSTC lead tutor. Louise has been a Forest School trainer for over 15 years and worked with a range of ages at Forest School from Early Years to adults.

LEVEL 2 FOREST SCHOOL – PRICE

The Level 2 Award for Forest School Assistants costs £650.

This includes all course elements, resources and assessments. There are no hidden extras.

HOW TO REGISTER ON THE COURSE

Please complete and submit the online registration form - <https://forms.gle/ZuWkjbG8P2Abesek8>

Please ensure you have read our Terms and Conditions before applying, found on our website

www.forestschoolltraining.co.uk

PREPARING FOR THE COURSE

The face to face sessions of the training will take place outside, in all weathers. Please ensure you have appropriate outdoor clothing, including full waterproofs and footwear. As we will be going through the colder months of the year you may want to invest in some thermal base layers. We have a video about the layer system of dressing for the outdoors - <https://youtu.be/nRRFCdp9gCA>

We would also recommend that you begin learning about the ethos and principles of Forest School :

- Reading about the Forest School philosophy – www.forestschoollassociation.org
- Visiting existing Forest School Programmes & talking to Forest School leaders - www.fsanorfolk.wixsite.com/fsan
- Watch some of our videos explaining its ethos –
 - What is Forest School - <https://youtu.be/ilsipn-rE2Q>
 - Forest School in a nutshell - <https://youtu.be/pF3xNwyjvtA>
 - An online experiential series of videos as an introduction to Forest School – https://youtube.com/playlist?list=PLM_3b0QSEkWm6BRf_BWDDdSIRr6Khd9yA

CONTACT LOUISE

Please **contact Louise** directly if you would like to discuss anything about this course – birchwoodlearning@gmail.com

WE LOOK FORWARD TO WELCOMING YOU TO THE WOODS SOON!

