



## **LEVEL 1 AWARD IN FOREST SCHOOL ETHOS + PRINCIPLES DETAILS FOR NORFOLK COURSE - STARTING IN OCTOBER 2022**

Please ensure you have read our 'Level 1 Course Information Guide' (available on our website) in conjunction with this flier. The Information Guide contains full details about the content, commitment and assessment methods of our level 1 Forest School training course.

### **COURSE DATES + LOCATIONS:**

Course Component	Date	Number of Days	Location
Training course	Monday 17 <sup>th</sup> & Tuesday 18 <sup>th</sup> October 2022	2	Patteson Lodge
Observing a FS programme	October 2022 - February 2023	1 session	At a Forest School site
Online Tutorial	Thursday 9 <sup>th</sup> February 2023 (7.30-9pm)	1.5 hours	Online
Workbook Hand-in	28 <sup>th</sup> February 2023	n/a	n/a

**TIMINGS:** 9am to 5pm each day

### **VENUE - PATTERSON LODGE ACTIVITY CENTRE**

Patterson Lodge is a residential outdoor centre owned by Girl Guiding Norfolk on the outskirts of Coltishall, Norfolk. We will have sole occupancy of the lodge and access to an area of their woodland for the training modules. You can find out more about the venue here: [www.pattesonlodge.org.uk](http://www.pattesonlodge.org.uk)

The address is: Patterson Lodge Activity Centre  
14 Gt Hautbois Road  
Coltishall  
Norfolk  
NR12 7JN

### **ACCOMMODATION:**

If you are travelling from further afield, we can offer self-catered accommodation at this venue for a small additional charge. There are a couple of room options available:

- Dormitory - £20 per person per night
- Private room (limited availability)- £30 per person per night

Please indicate if you would like accommodation and your preferences on your booking form.





## PRICES

FSTC prices are fully inclusive of all course costs, including; qualification registration & certification, marking & moderation, administration, course support resources & access to equipment, student website access, and tutorial support. There are no 'hidden extras' and we do not charge our students for late submission of work (unless the submission date has gone beyond what is required by the moderators).

	Number of Training Days attended	Cost of course
Level 1 Full Course	2	£295

## VISIT TO A FOREST SCHOOL PROGRAMME

To complete the level 1 qualification students are required to observe a minimum of one session at an established Forest School (led by a qualified level 3 practitioner). This can be any Level 3 Forest School practitioner, and it is up to the student to arrange these visits.

If you need support to arrange this visit we may be able to signpost you to Forest Schools in Norfolk (Please note that some Forest School practitioners might charge visitors a fee to cover their time). You may also find a level 3 practitioner through the Forest School Associations website – [www.forestschoollassociation.org](http://www.forestschoollassociation.org)

## ONLINE TUTORIAL

After students have made a visit to observe a Forest School, we offer further support remotely to help consolidate your learning. This takes place online through a group zoom call. During this call we will:

- Reconnect as a group
- Reflect on our experiences of observing the different Forest School sessions
- Have opportunity to ask any questions that have arisen from the experience
- Have opportunity to ask any questions related to the written workbook

## VALUE ADDED FEATURES OF OUR TRAINING COURSE

We care about the quality of our training and the Forest School practice which ultimately results from it. There is a wide range of Forest School training available in the UK and we want to ensure that our course is right for the students that choose to undertake their training with us. Some of the additional benefits that our training offers are:

- **NATIONALLY RECOGNISED QUALIFICATION** – we use the most up to date Forest School qualification units. These are the national standard and on the QCF
- **ONLINE SERVICES** – Student password protected web pages & resources,
- **ONGOING SUPPORT** – Post-course online tutorial support



## **YOUR LEAD TRAINER – LOUISE**

This course will be led by Louise, along with assistant trainers Jane and Emma to facilitate the course. All tutors are experienced outdoor practitioners and Forest School Leaders.



## **COVID-19 MEASURES**

We have made the decision to run our courses in a face to face way as it would be done in a pre-Covid world. We feel the benefits of people coming together and learning skills in a practical, hands on way within a supportive way outweigh the possible risks presented by Covid-19 at this time. However we still recognise the seriousness of the risk posed by the disease and have undertaken risk assessments.

We appreciate attendees co-operation in following these precautions:

- Socially distancing as appropriate indoors (The venue has a large space as the main room)
- Using handwashing facilities regularly (indoors and outdoors)
- Please do not attend a training day if you have tested positive for Covid-19 and/or are displaying symptoms
- Inform your trainer if you have tested positive after any training module, so that the rest of the group can be informed and tested.
- If you have health concerns that make you vulnerable, you may wish to gain medical advice before attending

We recognise that if the situation with Covid-19 changes in the future, we may need to adjust our measures following government advice. If the course is affected by any changes to current legislation (e.g. another lockdown) then we will look at postponing training &/or providing more online content.

## **HOW TO BOOK YOUR PLACE**

Please complete and submit the online registration form. Please ensure you have read our Terms and Conditions before applying, found on our website [www.forestschoolltraining.co.uk](http://www.forestschoolltraining.co.uk)



## **PREPARING FOR THE COURSE**

A large part of the training will take place outside, in all weathers. Please ensure you have appropriate outdoor clothing, including full waterproofs and footwear.

You may also like to begin learning about some of the aspects of Forest School. You can do this by:

- Reading about the Forest School philosophy – [www.forestschoollassociation.org](http://www.forestschoollassociation.org)
- Watch one of our videos explaining its ethos – [www.youtube.com/c/ForestSchoolLou](https://www.youtube.com/c/ForestSchoolLou)

## **CONTACT LOUISE**

Please **contact Louise** directly if you would like to discuss anything about this course – [birchwoodlearning@gmail.com](mailto:birchwoodlearning@gmail.com)

**WE HOPE TO WELCOME YOU TO THE WOODS SOON!**

