



**Modular Forest School training
(Levels 1–3 combined)
OCN accredited training**



Forest School training: Oct 17 & Dec 2017 (intensive residential format)

Kindrogan Field Studies Centre

Enochdhu, Blairgowrie, Perthshire, PH10 7PG

To book: download form and send to forestschool@bigworldadventures.org, or Aline Hill, 12 Charles Way South, Fife, Limekilns, KY11 3JW

To make enquiries: please email forestschool@bigworldadventures.org

Course leader: Aline Hill

On this form:

- About Forest School
- About BigWorld and FSTC
- Info on delivery assessments for L3 and L2/3 top up students
- Course costs (no VAT is applicable)
- Course dates & transport note
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About Forest School

Forest School is an empowering and creative approach to learning and development, for children, young people and adults, which maximises the benefits of learning in the outdoors. It offers participants the opportunity, over repeated visits, to engage with the rich natural diversity of our wild environments to help build confidence, curiosity, resilience, compassion, care and healthy bodies and minds.

Forest School's positive effects on learners, staff and their wider community are increasingly recognised by HMIE, LTS and a growing number of Scottish learning professionals as an ideal vehicle for delivering our Curriculum for Excellence, closing the attainment gap and putting the learners at the heart of their learning experience. See <http://owlsotland.org/local-options/forest-schools/> and www.forestschoollassociation.org.

About BigWorld and FSTC training

Aline Hill (BigWorld) is a passionate Forest School practitioner of twelve years' experience. She has been delivering highly regarded Forest School training in Scotland for more than eight years in partnership with FSTC and is currently one of Scotland's most experienced trainers. She works regularly with Forestry Commission Scotland, East Lothian Council, Edinburgh Council, and South Lanarkshire councils, amongst others.

Aline's areas of particular Forest School expertise are early years, primary school and adults with health and well being issues. She also holds 60 credits at M(Ed) distinction level, Children in the Outdoors 0-5.

She currently works with an experienced team of co-leaders, assistants and developing tutors to deliver training. All have long-term experience of Forest School delivery and areas of specialist knowledge. For more information see www.forestschoolltraining.co.uk.



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Important info on Level 3 and 2/3 top up delivery assessments

NB candidates completing at Level 3 Forest School practitioner level will need to organize a face-to-face or video delivery assessment and should consider the cost of this carefully before booking.

Session visits

The cost of a face-to-face assessment during which an assessor visits the candidate's Forest School session to observe them with their group and review with them is included within the overall course cost listed below, with additional fees being due should the candidate live outside a 30-mile radius of an assessor.

Assessor locations

FSTC works with assessors based in Edinburgh, Dunfermline, Hamilton, Glasgow, East Ayrshire and Elgin.

Video assessment option

In order to avoid punitively high additional assessment fees, candidates may decide to choose the option of videoing their practice, editing clips and uploading to a file-share site or sending on disc. For more information on this option, please email forestschool@bigworldadventures.org.



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Course costs, including full board

Accommodation and catering

The course cost includes accommodation based on two people sharing. A single-occupancy option is available at a cost of £10 extra per head per night. Single occupancy numbers are limited and are allocated on a first come, first serve basis.

Full board includes the following

- Breakfast with a plentiful supply of cereal and toast, as well as a selection of cooked items;
- packed lunch, with sandwiches, piece of fruit and cake for each student
- Afternoon cake and open access to free tea and coffee making facilities
- A two-course dinner, including a vegetarian main course option, and a dessert.

Options for no board and catering, and catering only are available – please contact forestscool@bigworldadventures.org for further information.

Special dietary requests can be accommodated – please indicate this request on your booking form.

	If paying in 1 installment	Assessment fees
Level 3	Total cost £1140	The cost of an assessment within a 30-mile radius of an FSTC assessor’s home address is included within the course fee. See page 2 for assessor locations. 0.45 /mile for candidates outside 30-mile radius of assessor’s home address. A discretionary charge for travel time above 1.5 hrs round trip @ £25/hour. Candidates can submit a video of their practice for delivery assessment.
Level 2/3 top up	Total cost £710	The cost of an assessment within a 30-mile radius of an FSTC assessor’s home address is included within the course fee. See page 2 for assessor locations. 0.45 /mile for candidates outside 30-mile radius of Limekilns (KY11 3JW). Discretionary charge for travel time above 1.5 hrs round trip @ £25/hour. Candidates can submit a video of their practice for delivery assessment.
Level 2	Total cost £650	
Level 1	Total cost £390	
Awareness only – no certification	Total cost £150	

Course dates & transport note

Please note:

- students must attend all the modules indicated in grey for their level;
- required contact time cannot be modified regardless of existing experience and qualifications because course elements and schedule is so interwoven.

		Level 1	Level 2 (assistant)	Level 2/3 top up (leader)	Level 3 (leader)
Dates & times					
Mon 23 Oct: 11.30am–5 pm; 7–9 pm		√	√		√
Tues 24 Oct: 9 am–5 pm					
Wed 25 Oct 9 am–5 pm, 7-9 pm			√		√
Thurs 26 Oct: 9 am–5 pm (Level 2 candidates finish 1 pm) (Level 2/3 top-up candidates start 2 pm)				√	
Fri 27 Oct: 9am–4pm				√	√
Practical skills assessment	Thurs 7 to Sat 9 Dec Day 1 11.30-5, 7–9 Day 2 9-5 Day 3 9–4			√	√
Delivery assessment	Feb 18 to Jun 18, to be arranged individually by candidates			√	√

Transport note:

Trains arrive into Pitlochry station as follows: 10.15 (from south), 10.18 (from north)

Trains depart from Pitlochry station as follows: 17.55; 19.06 to south; 18.30; 19.30 (to north)

Shuttles from Pitlochry station to Kindrogan can be organised on request and will cost a maximum of £15 per person for a return journey. Costs may reduce depending on course numbers.

How long will the course take me?

	Taught hours	Self-study hours	Total hours
Level 3	57	110	167
Level 2/3 top up	30	80	113.5
Level 2	27	30	57
Level 1	14	14	28

The figures in the table above are estimates of how long it will take the average learner to achieve pass standard.

Which level should I do?

Students can choose the level of training they wish to complete, provided they meet the entry requirements, which are at the end of this document.

<p>Level 1 training</p> <p>If you want an overall introduction to the Forest School ethos this is the level for you. A 2-day, Open Colleges Network-accredited introduction to Forest School combining lots of outdoor experience with some indoor information and theory sessions.</p>	<p>We cover:</p> <ul style="list-style-type: none"> • Forest school ethos and history, • general health & safety, • basic identification skills, • an introduction to play and its links to Forest School. • (ie same as Awareness above)
<p>Important info: Students will need to find a qualified Forest School leader and organize to join them for a session. BigWorld will try to provide local contacts and introductions where possible but cannot guarantee a session visit. This is best organized in advance by students.</p>	<p>Total Level 1 coursework:</p> <ul style="list-style-type: none"> • complete a short workbook, • visit a FS session being run by a qualified leader, • and write up their observations



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<p>Level 2 Assistant training</p> <p>If you want to develop as an assistant at Forest School level 2 training is for you. It requires both modules 1 & 2 to be completed.</p> <p>For module 2, the focus remains on outdoor experience and reflection, with some theory and discussion sessions.</p>	<p>As well as the material in the previous level, you'll cover:</p> <ul style="list-style-type: none">• self esteem and confidence at Forest School,• behaviour and Forest School• Introduction to Risk Assessment and Risk benefit assessment• practical skills and ideas• shelter• tool use and fire• woodland ecology• and sustainable use of woodland sites.
<p>Important info:</p> <p>students will need to find a qualified Forest School leader and organize to assist them for 3 consecutive sessions. Bigworld will try to provide local contacts and introductions where needed but cannot guarantee a session visit. This is best organized in advance by students.</p>	<p>Total level 2 coursework:</p> <ul style="list-style-type: none">• Complete a workbook• assist on 3 consecutive sessions of Forest School run by a level 3 qualified FS leader• and write up your observations

<p>Level 3 Forest School Leader</p> <p>This is the nationally recognised level of training required if you want to lead at Forest School. For this level of training all course training days will need to be completed.</p> <p>You continue to balance practical work and reflection, with sessions on theory and verbal assessment options.</p>	<p>As well as the material in the previous levels, you'll cover:</p> <ul style="list-style-type: none"> • Learning theories • Neural development & emotional intelligence • More practical skills, tools and fires • Woodland ecology and management in more depth and from a leader's perspective. Planning Forest School, all aspects of group management including risk–benefit, and running and evaluating Forest School programmes
<p>Practical skills assessment</p> <p>This takes place over a 2-day block. Students are assessed on their competence with knots, safe use, teaching of tools & fire-craft, & basic campfire cooking.</p>	<p>Delivery assessments</p> <p>An assessor visits you as you run the fourth or fifth of session or their 6-session practice block. See note above on deliver assessments.</p>
<p>Important info:</p> <p>Students will need to run a 6-session block of Forest School sessions with a group of learners. They need to find a venue, learner group and at least one other competent adult. Students need to ensure that they are insured and disclosed, and that there is 2-day first aid in the outdoor first aid cover in place for their sessions. Bigworld will try to provide local contacts and introductions where needed for independent candidates but cannot guarantee students will be able to find a group to work with. Best organized in advance by students.</p>	<p>Total Level 3 coursework</p> <ul style="list-style-type: none"> • Three workbooks (after modules 2 & 4 and after completing delivery assessment). • Pass practical skills assessment • Run 6-session practice block with group of learners • Pass delivery assessment • Compile all of the above into a final portfolio of evidence and submit for marking and moderation.



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<p>Level 2/3 Top Up</p> <p>For recently qualified Forest School assistants who want to become leaders.</p> <p>You'll join the course after the Level 2 contact time finishes.</p>	<p>Total top-up coursework:</p> <ul style="list-style-type: none"> You will already have done the first workbook. If you have completed it to a Level 3 standard you will only have two workbooks to complete, plus the rest of the requirements listed above in total Level 3 coursework.
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What experience and/or qualifications do I need?	
Level 1 candidates will:	<ul style="list-style-type: none"> be over 16 years of age. be interested in working with children/vulnerable adults.
Level 2 candidates will:	<ul style="list-style-type: none"> usually be over 18 years of age. have some experience and/or qualifications in working with their chosen client group. hold a current enhanced CRB disclosure or evidence of clear PVG scheme check at time of assisting in 3 sessions of a programme run by a Level 3 qualified FS practitioner.
Level 3 and Level 2/3 Top Up candidates will:	<ul style="list-style-type: none"> be over 21 years of age be a qualified teacher, play worker, youth worker or support worker (to level 2 or equivalent) OR compile a portfolio of at least 2 years of experience of working with their chosen client group in a leadership capacity. hold a current enhanced CRB disclosure/evidence of clean PVG scheme check at time of completing Module 6. hold a current First Aid qualification suitable for working outdoors with chosen client at the time of completing Module 6